

Take a bite of Tokyo. 2021

Guide to Tokyo's Locavore Restaurants



"Locavore Dining in
the Tokyo: English Edition
Scan the below QR code!"



TOKYO METROPOLITAN GOVERNMENT

Introduction

To more widely promote local food production and consumption, the Tokyo Metropolitan Government registers restaurants that actively use ingredients sourced locally from Tokyo's 23 special wards and the Tama area as "Tokyo's Locavore Restaurants," and publishes an annual guidebook of the same name.

In doing so, we aim to foster understanding of Tokyo's agricultural, forestry and fishery products to expand their production and consumption.

The English-language edition of the guidebook was created so that international visitors to Tokyo can also enjoy locally sourced ingredients. Of all the registered restaurants, this guidebook introduces 211 restaurants that actively accept foreign guests, such as by having an English menu.

In addition, we have also compiled an English-language edition of "Locavore Dining in the Tokyo Islands," a guidebook which introduces restaurants in the Tokyo Islands.

We hope that you find both of these guidebooks useful in your travels.

March 2021

Food Safety Section
Agriculture, Forestry and Fishery Division
Bureau of Industrial and Labor Affairs
Tokyo Metropolitan Government

〈はじめに〉

東京都では、地産地消を推進するため、東京都内（区部及び多摩地域）で生産された農林水産物を積極的に使用しているお店を「とうきょう特産食材使用店」として登録し、毎年これらの登録店をまとめたガイドブックを発行して広くPRしています。

これにより、東京産農林水産物への理解を促進し、消費及び生産の拡大を図ることを目指しています。

東京を訪れる外国人の皆様にも、東京産農林水産物を活用した料理を味わっていただくために、「とうきょう特産食材使用店」ガイドブックの英語版を作成しました。全登録店のうち、英語版のメニューを有するなど外国人の受け入れに積極的で、掲載を希望した211店舗を掲載しています。

旅のお供にご活用いただければ幸いです。

また、島しょ地域のお店をまとめた「東京島じまん食材使用店」ガイドブックの英語版もございます。あわせてご覧いただければ幸いです。

令和3(2021)年3月

東京都産業労働局農林水産部食料安全課

The Tokyo Metropolitan Government supports restaurants contributing to local production and consumption.

Establishments registered

“Tokyo’s Locavore Restaurants,” operate in the central 23-ward area and Tama area in western Tokyo, and engage in the following initiatives.

- Strive to use sourced from Tokyo ingredients throughout the year.
- Provide customers with information on local products from Tokyo that they use
- Carry out initiatives that facilitate local production and consumption
- Will further their use of Tokyo ingredients into the future
- Will cooperate with Tokyo’s measures for food education and local production and consumption

Look for these signboards



Sample page

Name of establishment

Nanko Rest House

Telephone number
03-3231-0878

URL
<http://www.fng.or.jp/>

Municipality

Chiyoda



Exterior, interior, etc.

Available services, etc.



Signature menu

Featured dishes, availability, ingredients, etc.

Edo Eco Koraku-ju

Available Year-round

Ingredients Fish (Hachijojima Island), vegetables (Nerima-ku), salt (Oshima Island)

* Salt: Umi no Sei from Oshima Island

Featured dishes



Nearest station, etc.

- 1-1 Kogyogaien, Chiyoda-ku **Address**
- 11:00~14:00 **Hours**
- December 28 to January 1 **Closed**
- 10 min. walk from JR Tokyo and Yurakucho stations
- 5 min. walk from Tokyo Metro Nijubashimae and Hibiya stations

Map



Icon legend

- Parking lot available
- Takeout menu available (may require a reservation)
- Wi-Fi available
- Reservations possible
- Credit cards accepted (confirm types that are accepted)
- Electronic money accepted (confirm types that are accepted)

※ The featured dishes are representative dishes that use Tokyo sourced ingredients.

Please understand that dishes will vary depending on the season or other factors.

※ Restaurant information is current as of November 2020.

東京都が地産地消に取り組む 飲食店を応援します。

登録されているお店は

都内(区部及び多摩地域)で営業している飲食店で、以下の取組みをしています。

- 東京産農林水産物を食材としておおむね年間を通じて使用している。
- 使用している東京産農林水産物の情報を来店者に提供している。
- 地産地消の促進につながる取組を行っている。
- 今後もさらに東京産農林水産物の使用をすすめる。
- 都の食育・地産地消推進の施策等に協力する。

このボードが目印です



紹介ページの見方

店名 楠公レストハウス

電話番号 03-3231-0878

URL <http://fng.or.jp/koukyo/>

区市町村 千代田区

外観・店内風景、他

メニュー名・提供時期・使用食材等

「江戸エコ行楽重」
提供時期 通年
使用食材 魚類(八丈島)、野菜(練馬)、塩(大島)

「一汁三菜御膳」
提供時期 通年
使用食材 厳選した新鮮な地場の食材を中心に使用(日替り)

※塩は大島の産の「海の精」を使用しています

所在地 千代田区皇居外苑1-1

営業時間 11:00~14:00

休み 12月28日~1月1日

JR東京駅・有楽町駅より徒歩約10分
地下鉄二重橋前駅・日比谷駅より徒歩約5分

最寄駅等

主なメニュー、他

アイコン凡例

- 🅐 駐車場有
- 🅑 テイクアウトメニュー有
- 🅒 Wi-Fi 利用可
- 🅓 予約可
- 🅔 クレジットカード利用可 (種類は要確認)
- 🅕 電子マネー利用可 (種類は要確認)

地図 お店の地図はすべて上が北の方角です

※メニュー名は東京産農林水産物を使用したメニューの一例を掲載しています。
 なお、季節等によりメニューに変更がある場合がありますのでご了承ください。
 ※お店の情報は令和2年11月時点のものです。

INDEX

Chiyoda-ku

Nanko Rest House.....	11
The Forest Kitanomaru	11
mikuni MARUNOUCHI.....	12
L'art et Mikuni.....	12
Kanda Myojin Shita Miyabi Honten.....	13
Kifune.....	13
Sizzler' s Tokyo International	
Forum	14
Q CAFE by Royal Garden Cafe.....	14
Royal Garden Cafe IIDABASHI.....	15
Vin Picoeur Marunouchi.....	15
Tokyo Karaage Bar	16

Chuo-ku

Tamahide.....	16
Nihonbashi Yukari.....	17
Tenmo.....	17
Nihombashi Funazushi.....	18
Ginza Himorogi	18
Minoru Diner.....	19
Minori Cafe	19

Minato-ku

Aoyama Torimikura Honten	20
Natural Cafe and Restaurant	
TABUNOKI.....	20
Shinkyoutei Shinkan	21
erba da nakahigashi.....	21
Tokyo Yasai Kitchen SCOP	22
Tokyo Oven Akasaka	22
Royal Garden Cafe AOYAMA.....	23
sun.....	23

Shinjuku-ku

Hôtel de Mikuni	24
TOKYO Tocho Gijido Restaurant.....	24
Kaidarake.....	25
Charcoal Grill Kappo Mikore	
Shinjuku Nishiguchi.....	25

Sakana no Mikore.....	26
Mikore <i>Shokudo</i>	26
Eurest Japan, Inc. Tokyo Tocho	27
Tokyo Islands Shochu <i>Izakaya</i>	
Kokkome.....	27

Bunkyo-ku

Tokyo <i>Shamo</i> Chiken Restaurant	
Nezu Torihana.....	28
Edo Shitamachi Cuisine	
Miyatogawa.....	28

Taito-ku

Asakusa Shuzen Ichimon Honten	29
Asakusa Shuzen Ichimon Bekkan.....	29

Sumida-ku

Oshiage Yoshikatsu.....	30
Tokyo <i>Shamo</i> Chicken Restaurant	
Nezu Torihana	
<Ryogoku Edo NOREN>	30

Koto-ku

Kameido Masumoto Honten.....	31
Torimikura DiverCity Tokyo Plaza	31
Edo Tokyo Beer On Tap.....	32
Kanmidokoro-Irie.....	32

Shinagawa-ku

SHINAGAWA KASHO KYO-AN.....	33
BISTRON	33
Turkish Restaurant DEDE	34

Meguro-ku

Vegetable Italian Yakumo 111.....	34
-----------------------------------	----

Ota-ku

Soba Kobo Hatano.....	35
-----------------------	----

Setagaya-ku

Asian Restaurant	
Saigon-kamimachi	35
Setagaya Farm.....	36
Seijo Sakurako	36
Hong Kong Cuisine Ajizen	37
Jackpot Shimokitazawa	37
La Befana Shimokitazawa	38
Tsuge.....	38
Kaminariya.....	39
Ox Tongue Natsu Hibachi.....	39

Shibuya-ku

Soba Oonoya Motoyoyogicho	40
fun.ice!	40
Charcoal Grill Kappo Mikore.....	41
Mikore <i>Zushi</i>	41
Ichiba Nakama	42
Royal Garden Cafe SHIBUYA.....	42

Nakano-ku

Home Dining Kuraya.....	43
-------------------------	----

Suginami-ku

Tabegotoya-Norabo	43
-------------------------	----

Kita-ku

Furujiyaya	44
Yofu Souzai Teppan Daidokoro	
Theory Akabane	44

Arakawa-ku

Izumiya Home Cooking.....	45
a Coeur Joie	45
Handmade Izakaya Iwasawa	46

Nerima-ku

Enza.....	46
Gochiso Bar yasu & Nonchan.....	47
Chinese Tapas hachi.....	47

Chinese Restaurant Taishoken.....	48
Koryouri Ishii.....	48
Patisserie Kamitani.....	49
PITANGO.....	49
Japanese Cuisine Musashino.....	50
Chinese Cuisine Hakurakuten	50
Bar Lounge Voisin	51
Pâtisserie Bon Parfum	51
Pizzeria Gtalia da Filippo	52
OPPLA' ! DA GTALIA	52
Kutsurogi-dokoro Toride.....	53
Japanese Style French Cuisine	
Komorebi.....	53
Pizzeria 222	54
Il Tonsione	54
Aida Kometen.....	55

Adachi-ku

Dining for Everyone Tomatoma.....	55
Kitchen Toretate.....	56
Kosodate (Parenting) Café cotoca	56

Katsushika-ku

Charcoal Grilled Skewered Meat	
Uekusa.....	57
Tenpura Amaduru.....	57

Edogawa-ku

<i>Soba</i> Noodles Choujyuan	58
Artisan Traditional Craft Cafe	58
Donut and Donut.....	59
Bakery Restaurant Maruko.....	59

Hachioji-shi

The Scent of Happiness Pere Noel	
Minamino.....	60
Isonuma Milk Farm CELEO Hachioji....	60
Keinoya Hachioji Minamino.....	61
Additive-Free, Dashi-based	
Japanese Food Ajinao	61

Tachikawa-shi

hoccori *cafe.....	62
Teppan-yaki Senju.....	62
Minore Café.....	63
Rinto <i>Kaiseki</i> Catering.....	63

Ome-shi

Dining&Gallery <i>Mayugura</i>	64
Suzuki ya Eel and Tempura Restaurant.....	64
<i>Mamadaya</i>	65
CAFE YUBA.....	65
Italian Restaurant Toscana.....	66
Soba Noodles Tsukumo.....	66
Soba Noodles Inariya.....	67
Moriman.....	67
<i>Kappo</i> Cooking Mikawaya.....	68
<i>Kominka</i> Irori.....	68
Fujimineken.....	69
<i>Soba</i> Noodles Waraku.....	69
<i>Sushi</i> Midoriya.....	70
noco BAKERY & CAFÉ.....	70
Kawashima Soba and <i>Udon</i> Noodles.....	71
IKADA Sumidorikura.....	71
Caffe AKI.....	72
Tokyo Ome Ishigami Onsen Seiryuu Lodgings, Okutamaji.....	72
Nomiya Bar Minminya.....	73

Fuchu-shi

Namikian.....	73
LAMPIONE.....	74
Pork Cutlet Cuisine Yasui Meat.....	74
Kirari Japanese Style Dining.....	75
Trattoria La Vita.....	75
Heiji No <i>O-udon</i>	76
Wine Terrace Yu-me.....	76
Kotomi Shokudo.....	77

Chofu-shi

Micchan Sengawa Honten.....	77
-----------------------------	----

Machida-shi

Kamado Kunsei Farm Cuisine Takamiya.....	78
Raimon Ramen.....	78
Musashido Ramen Aihara Station.....	79

Koganei-shi

Van de Rhu.....	79
Kappo Take Bamboo.....	80
Sakanaya No Daidokoro.....	80
Cafe 5884.....	81
Cafe Mother's Kitchen.....	81

Kodaira-shi

Kiraku <i>Zushi</i>	82
Cafe Laguras.....	82
Japanese Cooking Onoya.....	83
My Space O-Ban.....	83
Kakyoan Handmade <i>Soba</i> and <i>Sake</i>	84

Hino-shi

Handmade Udon Noodles Dontaku....	84
Restaurant Mokuba.....	85
Artigiano Gelateria.....	85
Cafe Hana.....	86

Higashimurayama-shi

kitchen KEIJ.....	86
-------------------	----

Kokubunji-shi

Wadatsumi Kokubunji.....	87
Aburyanse Hyakukan.....	87
May cafe.....	88
<i>Yakiniku</i> Grilled Meat Keijoan.....	88

Kunitachi-shi

Syokusai Warabitei.....	89
Kunitachi Vegetable Restaurant	
Nakamichi Cafe.....	89
CRAFT! KUNITA-CHIKA.....	90

Fussa-shi

Stuben Otama.....	90
<i>Ikesu</i> Restaurant Hamazen.....	91

Komae-shi

Asian Restaurant Komae Saigon.....	91
Italian Restaurant Vino Uno.....	92
Jack Pot Komae.....	92
Teppan TOKIO.....	93

Kiyose-shi

Casual French restaurant Arbre.....	93
Shunsaigyo hiro.....	94
<i>Ika</i> Bar x <i>Niku</i> Bar Haru.....	94

Musashimurayama-shi

Murayama <i>Mangestu Udon</i>	
Noodles.....	95
Handmade Ice Cream Workshop	
Verde.....	95
<i>Nikujiru Udon</i> Nagashimaya.....	96

Tama-shi

Yokocho Wine Sakaba Lido.....	96
Hatake de Kitchen.....	97

Inagi-shi

Run! Yoshoku-ya-san ♪	
Inagi Satoyama Kitchen.....	97
Akariya Kosen Handmade Soba	
Noodles.....	98
ORTOLANA.....	98
imacoco coffee.....	99

Hamura-shi

Italian Restaurant Crescere.....	99
54 Cafe and Crepe.....	100
Seafood and Sushi Hanamizuki.....	100

Akiruno-shi

Akiruno <i>Takumi Udon</i> Noodles	
Shogotei.....	101
Millstone-Ground Handmade	
Soba Igusa.....	101
<i>Sumibiyaki/Yamazato</i> Village	
Dishes Kurochaya.....	102
Kanmi Sabo Misegura	
Hisamori.....	102
Handmade Bread Studio	
Sourire.....	103
Home of Bread A La Mode.....	103
Dining Bar KAI Akigawa.....	104
KAI' S BAL.....	104
Otowa-Sushi, serving <i>Sushi</i> /	
Chinese Dishes/ <i>Unagi</i> Eel.....	105
<i>Soba</i> Noodles Restaurant	
Yanagiya.....	105
Tokura Shiroyama Terrace	
Restaurant Shokuinshitsu.....	106
Hanagaki Soba Noodles.....	106

Nishitokyo-shi

Chinese Home-style Dishes	
Bokkakyō Tanashi.....	107
Wine Sakaba Ichizo.....	107

Mizuho-machi

Saikabo Four Seasons Vegetables	
Chinese Cuisine.....	108
Egg Center Ueno.....	108

Hinode-machi

Shogaiseishunnoyō	
Tsurutsuru Hot Spring.....	109

※Restaurant information is current as of
November 2020.

Hinohara-mura

Tourist Inn Mitou Sansou.....	109
NPO Restaurant Hinohara Shiki-no-sato.....	110
Kazumanoyu Hotsprings, Hinohara Onsen Center	110

Okutama-machi

Meat Restaurant in the Forest Earth Garden	111
Yamabato.....	111
Kamameshi Nakai.....	112
Hikawa Service Station	112
Folk Tale Inn Arasawaya	113
Robata (Fireside) Akabeko.....	113
Hikawago Asahanoyu hot spring Mikawaya Ryokan Dozo Shokutei	114
Okutama Mizu To Midori No Fureaikan	114
Okutama riverside cafe awa	115
Hikawa <i>Shokudo</i>	115
café Restaurant SAKA	116

.....
Please note that listed menu contents
may change based on the availability of
ingredients.